

Synopsis

A collection of journaling ideas, writing tips, and self-help information by a young author.

Book Information

Paperback: 168 pages

Publisher: Free Spirit Publishing (August 1996)

Language: English

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Product Dimensions: 7.4 x 5.2 x 0.4 inches

Shipping Weight: 7.2 ounces

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (7 customer reviews)

Best Sellers Rank: #3,717,515 in Books (See Top 100 in Books) #64 in [Books > Children's Books > Activities, Crafts & Games > Activity Books > Diaries](#) #10946 in [Books > Politics & Social Sciences > Anthropology > General](#) #28164 in [Books > Science & Math > Behavioral Sciences](#)

Age Range: 11 and up

Grade Level: 6 and up

Customer Reviews

I think it's great that this book was written by a teenager! Anyway, it has lots of ideas for journaling. It also has journaling ideas to help girls and young women be proud of being what they are. Jessica suggested different kinds of journals to use (family, friendship, etc.) and... hey! What am I doing? If you want to know more about the book, get it yourself!

This is a perfect way for young girls to learn to start a journal! It gives many ways to get started and to keep going. I would recommend it to any young inspiring writers, or to those who don't even know it yet. I have given this as a gift to all my young relatives!

This was a pretty good book. I liked it because the author had a good knowledge of her subject and she wrote it very well. This book inspired me to write a journal! I would recommend it.

Jessi writes really good. All her tips are awesome and they're the kind of tips that you can add your own little twist too. I know Jessi and she's an awesome friend and writer and person. I'm giving my

sister this book as a birthday present the year she turns ten because I believe every girl should write - Or have some sort of outlet - And this is the perfect thing to get them started.

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